



Harlow Tae Kwon Do

Newsletter February 2014

Grading seems like ages ago, but we only have another 7 weeks to go! Next Grading is on Saturday 22nd March & will be held at Paringdon... Grading costs are still £27.00 per person more information will follow...

Signing in

You must ensure that you sign in before your lesson. You will be able to sign in either outside the hall, or in the bar area, (it could be Ange, Claire or another lovely lady doing this). If no one is available before your lesson, please do this after your lesson. It is *your responsibility* to do this, so your training hours are recorded (and for Health & Safety).

Payment plans per calendar month:

£50– Any class, any day unlimited (incl Sunday's fitness & Sawbridgeworth lessons)
£45 – 3 lessons per week}
£32 – 2 lessons per week}
£20 – 1 lesson per week}

(choose from any combination of midweek + Sunday's TKD lesson)

Payment is in advance of the next months training or £5 on the door per session – No refunds or carry over's for missed lessons except under extreme circumstances

We believe in giving praise, especially if a student has displayed behaviour from one of the 5 tenants...

In January Clare Thorogood displayed an *Indomitable Spirit* for attending training & supporting the club even when injured.

**New Club opened in Sawbridgeworth @ Leventhorpe School Leisure Centre
Thursday 7.30 – 8.30pm
Saturday 9.00 – 10.00am**

www.harlow-tae-kwon-do.co.uk

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Diary of Events 2014

Saturday 22nd March – Grading at Paringdon

Sunday 16th March – English Championships in Worcester

Sat 29th & Sun 30th March – European Championships in Davos, Switzerland

Fri 25th to Sun 27th April - Black Belt Grading – Bristol Academy

Fri 9th – Sun 11th May – Summer Camp – Clacton on Sea

Saturday 21st June – Grading at Paringdon

June – *Summer BBQ date to be confirmed*

September TBC – Grading at Paringdon

Fri 17th to Sun 19th October – Black Belt Grading – Bristol Academy

Sunday 30th November – British Championships in Worcester

Saturday 6th December – Grading at Paringdon

December – *Christmas Party date to be confirmed*

We also want to do these events at some point in:

Feb – April – event with Warren Vice – date to be confirmed

April – Sept - Martial Arts Day – date to be confirmed

www.harlow-tae-kwon-do.co.uk

Please look at our website... thanks to Ange & Phil you will find all the information you need about TKD in general, as well as information on Gradings, competitions & Korean – especially all the forms to print off & fill in / use. These newsletters will also be on there too.

Why not check out our new website below too

www.harlow-sawbo-tkd.co.uk

www.harlow-tae-kwon-do.co.uk

like us on facebook

